

October 2026



FRIENDLY
ACADEMY

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Milk is provided with all meals 1% White or Chocolate			1 Chicken Sandwich Veggie Chicken Broccoli Fruit	2 Turkey and Cheddar Sandwich Sunbutter and Jelly Sandwich Baby Carrots with Ranch Gold Fish Fruit
5 Chicken and Waffles Vegetarian Chicken Tenders Seasoned Corn Fruit	6 Sliced Turkey Stuffing with Gravy Green Beans Fruit	7 Chicken Fried Rice Vegetable Fried Rice Peas and Carrots Egg Roll Fruit	8 	9 
12 	13 Beef Philly Mushroom Philly Green Beans Fruit	14 Chicken Bites Veggie Chicken Seasoned Corn Mashed Potatoes Fruit	15 Cheese Burgers Black Bean Burgers Mixed Vegetables Potato Wedges Fruit	16 Turkey Ham and Swiss Sunbutter and Jelly Broccoli Florets with Ranch Animal Crackers (WG) Fruit
19 Cheesy Chicken Casserole (Chicken/Broccoli/Rice) Cheesy Casserole Fruit	20 Country Fried Chicken Vegan Chicken Tenders Steamed Carrots Mashed Potatoes Fruit	21 Chicken Fajitas Vegetable Fajitas Fajita Vegetables Fruit	22 Sloppy Joes Chorizo Sloppy Joes Seasoned Corn Tater Tots Fruit	23 Chicken Salad Sandwich Veggie Salad Sandwich Cucumbers with Ranch Scooby Snacks (WG) Fruit
26 Hot Dogs Veggie Dogs Baked Beans Fruit	27 Chicken Pot Pie Peas and Carrots Fruit	28 Beef Nachos Fajita Veggie Nachos Salsa/Sour Cream Fruit	29 Cavatappi and Meatballs Black Bean Burgers Green Beans Fruit	30 